



## **What to Bring to My Appointment?**

Dr's Referral Letter (if you have one)  
Latest Pathology Results (get a copy from your GP or ask for the following to be done by your GP before your appointment.)  
Lipid Profile, Fasting Glucose levels  
HBA1C and home glucose records (for diabetics)  
If available also bring Liver Function, Thyroid and Full Blood Count  
List of current Medications  
Medicare, DVA or health fund card  
Three day food record (see below)

## **Fee Structure**

**Initial Consultation (1 hour):- \$140**

**Follow up Consultations (30 minutes):- \$85**

**DVA Gold Card: Bulk Billed**

Medicare EPC referrals can be claimed on the spot. A rebate of \$52.95 per visit for up to 5 visits per calendar year

HICAPS is available for health fund card holders as well as EFTPOS and credit card facilities

## **Office Policy:-**

A **cancellation fee** of \$50 will be charged for missed appointments or failure to give at least 24 hours notice of change of appointment

**Sarah Davis**

**Hours: Tuesdays 9am-5pm**

**Thursdays 11am-7pm,**

**Fridays 9am-2pm**

**Saturdays 9am-1pm**

**14 Brampton Drive**

**Beaumont Hills 2155**

**8883 2040**

**Book online: [Directory.bookedin.com/davis-dietetics](http://Directory.bookedin.com/davis-dietetics)**

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# Food Intake Diary

Please record all food and drink consumed for 1 to 3 days. This is very helpful in assessing your dietary needs and to get the most out of your appointment. Do not alter your normal eating habits and be as specific as possible in describing food quantities, weights, measures as well as brand names. Attach more pages if necessary.

**Breakfast**

**Morning Tea**

**Lunch**

**Afternoon Tea**

**Dinner**

**Supper**

**Exercise**